

THE BASSANO HERALD

VOL II; No. 17

SERVING BASSANO, ROSEMARY, GEM, COUNTESS, CROWFOOT AND MAKEPEACE.
Bassano, Alberta.

Thursday, April 26, 1956

\$1.50 per year

BASEBALL LEAGUE ORGANIZED

Delegates met recently to form a district baseball league. It was decided to name the new league "Dead Horse Lake Pony League" and to play for a trophy. Teams entering the league are from Bassano, Cluny, Gleichen, Standard, Rockyford and Hussar, making it a six team league.

Officers elected were: President, William Lee, Bassano; Secretary, Leo Grose, Bassano. Local officers from each district were elected as follows: Adelaide Corbeil and Dave Baptie of Cluny; W. Blaney and Harvie Baptie of Gleichen; Morris DeVort and H.J. Cummings from Standard; Bill Hallock and Jerry Cammaert of Rockyford and Bill Barker and Tony Renneberg of Hussar.

It is expected that a schedule of games will be decided upon shortly.

* APRIL 30 IS LICENSE DEADLINE

Motorists are warned that all autos must display 1956 license plates by April 30th or drivers will be prosecuted for operating a motor vehicle without a subsisting license, according to Constable Lee of the local R.C.M.P. Detachment.

Auto licenses usually expire on March 31st of each year but the deadline was extended for one month this year by the Provincial Government.

One notices several cars on the streets with old plates yet and the owners will find it less expensive to purchase their 1956 plates before May 1st rather than after that date.

TOWN HAS NEW MACHINERY

A new ditch digger, tractor and dozer blade was delivered to the Town of Bassano on Saturday of last week and was immediately put to work in repairing some leaks in the water mains and digging up a frozen sewer line.

The machine operated perfectly and will be a vast improvement over the old method of digging by hand.

OUR CHURCHES

KNOX PRESBYTERIAN CHURCH

Sunday School - 11:00 A.M.
Evensong - 7:30 P.M.

Pastor - Rev. F.A. Clare

ST. MARY'S ANGLICAN CHURCH

Fourth Sunday after Easter

Sunday School - 2:00 P.M.
Evensong - 3:00 P.M.

Rector - Rev. G.B. Hotchkis
Organist - Miss Miriam Berry

BASSANO EVANGELICAL FREE CHURCH

Sunday School - 10:30 A.M.
Evening Prayer - 7:30 P.M.

Pastor - Rev. Leon A. Tiede

GEM NEWS

The monthly meeting of the Home and School was held on April 19th. A panel discussion on "How children are taught to read" took place with Mr. Betton, Assistant Superintendent for the County of Newell, acting as chairman and Mrs. Christianson, Mrs. Koleyak and Mr. Hughes participating. Recordings of the Medicine Hat Music Festival were heard. A very interesting evening was enjoyed by all.

Mr. and Mrs. L.J. Ryan flew to Vancouver recently, where they are visiting with their son and daughter in law, Mr. and Mrs. Wilf Ryan.

Visitors in the community last week were Mr. and Mrs. D. Foley of Montana.

Mr. and Mrs. H. Martin (nee Dorothy Bergen) were weekend visitors at the Bergen home.

The community extends sympathy to John Douglas on the sudden death of his father.

Leonard Pankratz, C. Penner and Mr. Pankratz returned from California with their bees. Clara Pankratz, who is employed in Calgary, spent a few days at the home of her parents.

Weekend visitors at the L. Gobiol home were Mr. and Mrs. H. Gobiol of Rolling Hills.

CHURCH RALLY PLANNED

A special rally sponsored by the Knox Presbyterian Church and the Bassano Evangelical Free Church will be held in the Knox Presbyterian Church on Tuesday, May 1st at 8:00 P.M.

Presenting the rally will be Rev. David Enarson, Mr. Adolph Janz, Mr. Cornie Enns and Mr. Don Kroening, pianist from the Prairie Bible Institute at Three Hills, Alberta.

A cordial invitation is extended to all.

TOWN TOPICS

A meeting of the Divisional Council for Brownies and Guides will be held at Brooks on Monday, April 30th. Mothers of Brownies and Guides throughout the district are invited to attend. Anyone from the Bassano Association wishing to attend this meeting should contact either Mrs. Stewart or Mrs. Brent.

Marvin Meidinger motored to Medicine Hat on a business trip on Saturday.

Don't forget the Anglican Ladies Guild Spring Tea and sale of work to be held on Wednesday, May 2nd. They will appreciate your support.

We notice that Jim Rennie rated a write up in Ken Liddell's column in the Calgary Herald this week.

We are advised that our reporting on the presentation of a desk set to John Clark last week was not entirely correct. Actually it was the members of the Composite Hockey Club and not the Calf Club that made the presentation to Mr. Clark. Sorry, boys.

H.J. Bodmer & Son have re-decorated and rearranged the interior of their store, making it as inviting to enter as any store in the country.

The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

How to get into condition

What is the correct way to condition for track and field? Right now, thousands of youngsters across the country are thinking about taking up running, hoping to win an event at their school track meet. Probably some of them have already started training. Many will be training under good supervision. But even more will be on their own; their training schedules will probably consist of going out and just plain running—for two, three, four or even five miles. As their condition begins to improve, they will start adding distance.

This is one of the commonest mistakes that the average young Canadian runner makes—the idea that training is merely a matter of going out and putting miles under your feet.

This system went out of style many, many years ago. All top runners in the world now train on some variation of the interval principle. Briefly, what you do is this:

An interval much less than the distance being trained for is repeated a set number of times, with a jog of the same distance in between. For example, the athlete training for the mile might run repeated quarter miles, jogging a quarter in between. He runs these at a pace somewhat faster than he will run in his race. Many runners set 10 as the number to be repeated, starting the season at a pace they can handle and gradually increasing the speed with which they do the quarters as the season progresses. For variety, the interval should be changed from workout to workout—quarters one day, 150's the next, three-quarters the next, etc. The shorter the distance, the faster it should be run and the more repetitions should be done.

Variations of this schedule can be used to condition athletes in events from the 100 yard dash up to the marathon.

Protein plays its part

Track and field athletes—and athletes in other sports too—frequently complain about lack of physical vigor, particularly the day after a hard workout or game.

A study of these athletes showed that many were eating insufficient amounts of protein foods. These foods are important because they help build, sustain and repair tissue. In this way they help create that feeling of vigor which is so important if the athlete is to play hard.

Examining facts uncovered by this study, it was found that most protein-deficient athletes were this way because they failed to get enough dairy foods—milk, cheese, ice cream and other such foods made from dairy products. These foods are all high in protein besides other important food elements needed in the regular diet schedule of any active athlete. We suggest that every athlete examine his diet now, and boost his protein intake with dairy foods as

ANSWERS TO QUICK QUIZ

5. Imports totalled \$4,711 million, a record high, leaving an unfavorable trade balance of \$360 million. 3. About 30,000 are government employees. 1. Wood Buffalo Wild Animal Park, 17,300 sq. miles; Fort Chambly (Que.) Historic Park, 2.5 acres. 4. Nearly half. 2. Number of new families, 90,000; number of new homes built, 127,000. 3191

Quick Canadian Quiz

1. Name Canada's largest and smallest national parks.
2. In 1955 which was greater, the number of new families created in Canada or the number of new homes built?
3. Of the estimated 90,000 persons in the labor force in the city of Ottawa, how many are employed by the federal government?
4. The mineral-rich Canadian, or Precambrian, Shield occupies what proportion of Canada's total area?
5. Canada's exports last year totalled \$4,351 million. Was the value of imports more or less than this amount?

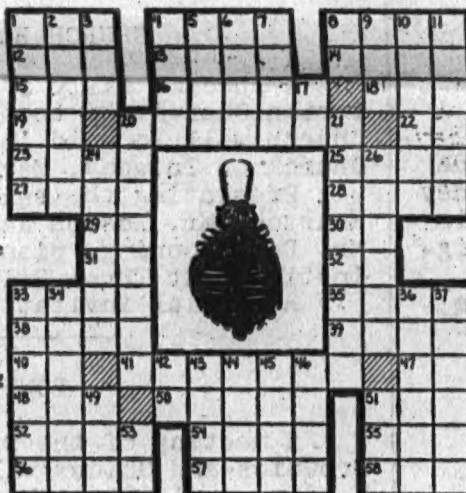
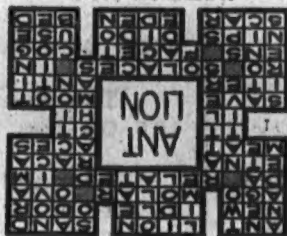
(Answers in another column)

Weekly Crossword Puzzle

Insect

- | | |
|----------------------------|--------------------|
| HORIZONTAL | 53 Employ |
| 1,4 Depicted | 56 Mark of a wound |
| insect | |
| 8 Its larvae hide in | 57 Paradise |
| 12 Recent | 58 Sleeping place |
| 13 Unemployed | VERTICAL |
| 14 Scent | 1 Wealth |
| 15 Past | 2 Nullify |
| 16 Grinding tooth | 3 Number |
| 18 Eggs | 4 Fruit |
| 19 District attorney (ab.) | 5 Image |
| 20 Connected | 6 Spanish jug |
| 22 Not (prefix) | 7 Tidy |
| 23 Volcano in Sicily | 8 Thus |
| | 9 Stir |
| 25 Worthless | 10 Beginner |
| | 11 Plays |
| | 17 Concerning |

Here's the Answer



PEGGY



THE TILLERS



Quintus Fabius introduced the art of painting in Rome from Etruria in 291 B.C.	Of every gallon of blood pumped by the heart, more than a quart passes through the kidneys.
--	---

Ticklers

By George



"Yesterday you said that a bear chased you! What's your alibi this morning for being late for school?"

Ten Word INTELLIGRAM

Check the correct word:

- 1—A major air crash at (Pittsburgh) (Seattle) marred the Easter holiday.
- 2—Over (20) (50) were killed.
- 3—A major milk strike recently plagued (Detroit) (New York City).
- 4—New director of the Budget Bureau is (Rowland Hughes) (Percival Brundage).
- 5—Island of Cyprus is a British (Crown Colony) (Commonwealth).
- 6—Majority of the inhabitants are (Greek) (Turkish).
- 7—Capital of the strife-torn island is (Nicosia) (Limassol).
- 8—India says she (is) (is not) considering purchase of arms from Russia.
- 9—Joseph Stalin's body (may) (will) be removed from mausoleum in Red Square.
- 10—It presently rests beside body of (Lenin) (Trotsky).

Count 10 for each correct choice. A score of 0-20 is poor; 30-60, average; 70-80, superior; 90-100, very superior.

Decoded Intelligram

1—Pittsburgh, 2—20, 3—Detroit, 4—Brundage, 5—Crown Colony,
6—Turkish, 7—Nicosia, 8—Is. 9—May 10—Lenin

—By Chuck Thursday



—By Les Carroll



A MAN'S IDEA OF A GOOD WIFE.

A man's idea of a good wife is a woman who has discovered the Fountain of Perpetual Youth. At 50 she is still just as slim and lithe as she was when he married her and she still has a peaches-and-cream complexion and hasn't a gray hair in her head. She can be up all night nursing a sick baby and then cook breakfast and appear at the table as fresh and sparkling as a rose with dew on it. Nothing ever worries her or get on her nerves. Sickness. Debt. Work. Balking stoves. Unexpected company. Meddling relatives. Noisy children. She laughs them all off and is always gay and smiling, a human ray of sunshine in this merry old world.

She is a Miracle Worker. She can cook and wash and scrub and combine the labor of half a dozen servants, but she is never tired, and comes out of the kitchen, or up from scrubbing the bathroom floor in alluring, ladylove kind of garments that she has conjured up out of thin air in some way. For she always looks like a daily hint from Paris and is so smart and well groomed that she makes other women envious and men rubber, but she never spends any money on clothes.

She never runs up bills, which are the shadow on the honeymoon and the cause of wars ever after in most households. She merely waves her hand and delicious food appears upon the table, and all without any of those horrid, dis-enchanting reminders from the butcher and baker and grocer and milkman about how much it costs to support a family.

The ideal wife is always ready for anything. When he comes home tired at night after a hard day at the office she may be all dolled up ready to step out for a good time, but if he doesn't feel like going she says "why of course it's all right". They will just stay at home and it will be just as entertaining to her to watch him snoozing on the chesterfield as it would be to go and see that new play. Probably the play isn't much anyway. But if he comes home feeling in the mood to go on a party, she says "how perfectly wonderful. I'll be dressed in a minute", although she may in reality be dog-tired from having hung the curtains, polished all the furniture, cooked three meals, washed all the dishes and walked a million miles after the baby.

And she is never sick. Heavens No! She would never think of being that sort of a drag on a man. Or, if she is sick, she has enough sense to know that a man is no good in a sick room and she says "Darling, don't stay in this stuffy old house this lovely afternoon. Really I can do everything I need for myself and I would feel so much better if I knew you were out in the sunshine playing golf. And do stop downtown and have dinner. It is so dull eating by yourself and go afterward to a good picture show or something. You need cheering up"

But, of course, when a man is sick it is different. When he has to lie abed she never leaves his side even for a moment. She holds his hand and believes he is going to die every time he has a headache and she runs her feet off putting plasters on him and bathing his fevered brow and cooking up little messes to tempt his appetite.

And she never criticizes him or gets things wrong. She knows a man must have relaxation when he works hard, so she just kisses him and says have a good time when he puts on his hat and starts out of an evening leaving her alone at home with the children. She makes a funny story of his coming home all lit up and she doesn't get jealous because he has an eye for pretty girls, but she would never think of doing any sidestepping herself.

The ideal wife never has any relatives. She was born an orphan and there is no mother-in-law to come and pay long visits and put her daughter up to asserting herself and not giving in to her husband and putting her foot down about his smoking in the house and smelling up the curtains.

This is the portrait that the average man draws of an ideal wife and he considers that the reason his marriage is a failure is because he somehow failed to find the girl of his dreams!

PUBLIC NOTICE

PUBLIC SALE OF LAND UNDER THE TAX RECOVERY ACT.

TOWN OF BASSANO

Notice is hereby given that under the provisions of the Tax Recovery Act, the Town of Bassano will offer for sale by public auction at the Town Hall, Bassano, Alberta, on Monday, May 14, 1956 at 2 o'clock in the afternoon, the following lands:

Lot	Block	Plan	Lot	Block	Plan
16	3	3872T	25	32	4437AD
19 & 20	20	3154AC	29	32	4437AD
1 to 13	31	4437AD	31 to 34	32	4437AD
18 & 19	31	4437AD	35 to 38	32	4437AD
24 & 25	31	4437AD	2 & 3	33	4437AD
1	32	4437AD	9 to 14	33	4437AD
2 to 8	32	4437AD	15 to 18	33	4437AD
9 & 10	32	4437AD	29 & 30	33	4437AD
11 & 12	32	4437AD	13 & 14	L	8155AS
13 to 16	32	4437AD	15 to 19	L	8155AS
23 & 24	32	4437AD			

Each parcel will be offered for sale subject to the approval of the Minister and subject to a reserve bid and to the reservations and conditions contained in the existing certificates of title.

Terms cash unless otherwise arranged.

Redemption may be effected by payment of all arrears of taxes and costs at any time prior to the sale.

Dated at Bassano, Alberta, this 28th day of February, 1956.

Hugh Pearce.
Secretary Treasurer.

CAPITOL THEATRE

OUR SPRING FESTIVAL OF MOVIE HITS.

Look at some of the pictures we have lined up for you during May and June:

"ANYTHING GOES" - Bing Crosby

"LUCKY ME" with Doris Day

"HIGH AND THE MIGHTY" - with All-Star Cast

"BLACK TUESDAY" - Edward G. Robinson

"NOT AS A STRANGER" - Robert Mitchum

"THE LONE RANGER"

"ARTISTS AND MODELS" - Martin & Lewis

"SINCERELY YOURS" - Liberace

"WE'RE NO ANGELS" - Humphrey Bogart

"TO CATCH A THIEF" - Grace Kelly

FOR TOPS IN ENTERTAINMENT SEE ANY OR ALL OF THESE MAJOR ATTRACTIONS. YOU WILL LIKE THEM.

FOR GOOD HOME COOKED MEALS

TRY

THE IMPERIAL COFFEE SHOP
Mrs. J. Bryan - Prop
BASSANO ALBERTA

Manitoba sugar beet growers report good returns for 1955

Manitoba's 850 sugar beet growers whose harvest in 1955 was sufficient to supply 75 percent of the province's sugar needs, reached an early settlement this year on their contract with the Manitoba Sugar company limited.

Officials of the company said the contract calls for a "moderate increase" over last year's return to the growers, who are represented by the Manitoba Sugar Beet Growers' association, with Lee

Tully of Oakville as president.

A representative of the growers said the major point in this year's contract was the fact the growers would share in the net return, instead of a price per ton based on sugar content of the beets plus the net return.

Announcement of the successful end of negotiations between growers and company was made by J. S. McDiarmid and W. R. Hetherington, company sales manager and assistant general manager respectively, and Mr. Tully.

Return to the growers during the year is expected to amount to about \$2,750,000 with approximately a \$150 gross return per acre.

Outlook good

Last year, sugar production totalled in excess of 50,000,000 pounds, and the outlook for this year has been termed "good".

The company officials emphasized that one of the big benefits to a farmer in turning out beet-growing is that it is a cash crop "plus the fact that it fits well into a rotation scheme."

Mr. Tully said the association was vitally interested in the consumption of Manitoba sugar by the residents of Manitoba.

"Elimination of imported sugar means greater production of Manitoba sugar, which, in turn, means greater acreage of sugar beets grown, with a consequent increase of cash return to the agricultural industry of our province. This, of course, is of the utmost importance to the rural business man who in turn can promote the use of Manitoba sugar without hesitation as to comparable price and quality.

Strictly Fresh

It'll soon be time for mankind to put on its annual entertainment for the animal kingdom. Crowds will be flocking to the zoos.

Fellow next door to us is in spring training. Goes to sleep on each mattress as he hauls it out to be aired in the yard.

Fellow across the desk from us finally bought a television set. He's delighted with it. TV, he says,



keeps the family in the living room while he reads in the bedroom.

Fashion's "B" line is what the women take to the stores as soon as new dress creations are advertised.

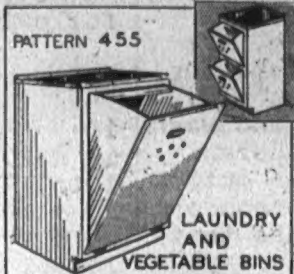
We hate to buy inexpensive costume jewelry. Mama picks out such expensive costumes to go with our selections.

The highest stone in an arch is known as the keystone.

PULL-OUT BINS

Handy storage in the kitchen;

Pull-out bins are the answer to many household storage problems. Here are two that the home handyman can put together without frustration. Both cabinets are sink and stove high and the directions



on the pattern illustrate how to apply heat-proof tops to match kitchen counters. To save steps put one of these bins at the end of a passage, in the bathroom or a closet. As a time and motion saver the two-bin vegetable cabinet is unequaled for the space it takes. Pattern for both bins will be mailed for 35c. If you are planning a kitchen the packet of five standard patterns for new or remodeled kitchen will be useful to you. Price of packet is \$1.50.

Address order to:

Home Workshop Patterns,
Department P.P.L.,
4433 West 5th Avenue,
Vancouver, B.C.

NOT-SO-GOOD RECORD

Canada's record of cases of whooping cough is inexcusably high when it is considered that the disease is preventable in most cases. Not only is the disease often fatal to young children but it may leave those who survive with impairment of brain or lungs. Immunization against the disease is available in Canada — free of charge, if necessary. No youngster should be without this protection.

The Pattern Shop

LOVELY CROCHET SET

For chairs or buffet; bird and rose design



7338

by Alice Brooks

Beautify your home with this elegant set for chairs or buffet. Graceful bird-and-rose design — formed by simple filet crochet!

Pattern 7338: Charts, directions for filet-crochet set in No. 50 mercerized cotton. Chair-back 13 x 16 inches; armrest 6 x 12 inches.

Send thirty-five cents (35c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Household Arts Department,
Department P.P.L.,

60 Front Street W., Toronto.

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

Forest conservation speakers available

REGINA. — Speakers on forest conservation will be supplied to service clubs and other organizations in the province holding meetings during Forest Conservation Week, May 19 to 26.

A list of available speakers has been drawn up and a number of service clubs and other organizations have been contacted directly by the Department of Natural Resources, Saskatchewan Board of Trade and Saskatchewan Fish and Game League, which are sponsoring the provincial program. However, officials pointed out that it was impossible to contact directly all organizations that might be interested.

Any organizations wishing speakers on forest conservation during that week are asked to forward their requests before May 1st to M. P. McConnell, Forest Conservation Week Co-ordinator, Department of Natural Resources, Regina.

The teenage daughter was very late home. "I agree we should have got back from the dance earlier, Dad, but Bob knew some new steps."

"Well, you don't have to sit on them until three o'clock in the morning," grumbled her father.

Fashions

Week's sew-thrifty



4532 10-18
by Anne Adams

Brighten your summer, sew these gay fashions now—so wonderful for sun and fun! Carefree T-shirt with cool convertible neckline, slim-trim shorts, pedal pushers too! Perfect styles for hardy denim, sailcloth, poplin—in bold patterns, soft pastels!

Pattern 4532: Misses' Sizes 10, 12, 14, 16, 18. Size 16 shirt, 2 1/4 yards 35-inch; shorts, 1 1/4 yards.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Anne Adams Pattern Dept.,
Department P.P.L.,

60 Front Street W., Toronto.

Be sure to write plainly your Name, Address and Pattern Number.

RANK TROUBLE

Lieut. Herb Sargeant of Fort Leonard Wood, Missouri, is having name and rank trouble. "My girl friend tried to call me here long-distance," he said. "The operator told her she must be mistaken because there's no such rank as lieutenant-sargeant." 3191

How To Hold FALSE TEETH More Firmly in Place

Do your false teeth annoy and embarrass by slipping, dropping or wobbling when you eat, laugh or talk? Just sprinkle a little PASTEETH on your plates. This alkaline (non-acid) powder holds false teeth more firmly and more comfortably. No gummy, gooey, pasty taste or feeling. Does not sour. Checks "plate odor" (denture breath). Get PASTEETH today at any drug counter.

Quick, Easy Way to Shrink Painful Piles

Here is a nice, clean, easy way to get real relief from the nagging distress of swollen, painful piles without the inconvenience of ointments, pile pipes or suppositories.

The secret is in taking just one small Hem-Roid Tablet, with water, two or three times a day. Works through effective INTERNAL action. Quickly eases constipation, relieves itching, soreness and pain. Helps shrink piles and permits them to heal.

Why suffer needlessly when Hem-Roid offers you so much. Get a package today. See for yourself how nice Hem-Roid is to use, how effective it is and how much more comfort it will quickly bring you. All drug stores. Low cost. Money refunded if you are not 100% pleased.

Jane Ashley Says

"Corn Starch Makes Tasty Casserole Dishes!"

CHEESE AND EGG CASSEROLE

- 3 tablespoons MAZOLA Salad Oil
- 1/2 teaspoon salt
- 1 1/2 tablespoons BENSON'S or CANADA Corn Starch
- 1 1/2 cups milk
- 1/2 cup grated cheese
- 4 hard-cooked eggs, sliced
- 2 cups canned peas, drained

COMBINE MAZOLA, salt and BENSON'S or CANADA Corn Starch in saucepan. ADD-milk slowly; cook until thick, stirring constantly. ADD cheese; continue cooking until cheese melts. ARRANGE hard-cooked eggs and peas in layers in 1-quart casserole. POUR cheese sauce over top. BAKE in moderate oven (350° F.) 30 to 35 minutes. YIELD: 4 servings.

Cheese and Egg Plate: COMBINE first 5 ingredients as directed above in top of double boiler. COOK over boiling water until cheese melts. ADD sliced eggs and peas; continue heating 20 to 25 minutes, stirring occasionally. SERVE hot on buttered toast; garnish with crisp bacon.



For free folder of other delicious recipes, write to:
Jane Ashley,

Home Service Department,
THE CANADA STARCH COMPANY
LIMITED,

P.O. Box 129, Montreal, P.Q.

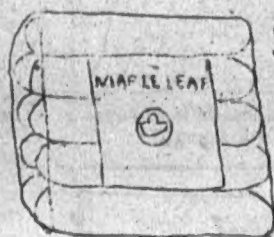
CASEY'S

RED & WHITE STORE

ARE FEATURING

MAPLE LEAF AND YORK PRODUCTS

THURS. APRIL 26TH TO SAT. MAY 5TH



SOMETHING NEW!

MAPLE LEAF CHEESEBURGERS

1 lb Package

43¢

SIDE BACON, Maple Leaf Brand

1 lb Package

29¢

DEVON SAUSAGE, 1 lb Package

32¢

MAPLE LEAF SMOKED PICNICS, 1/2's

Shankless, (average 2 - 3 lb) per lb

45¢

1 lb MAPLE LEAF FRANKS

1 doz HOT DOG BUNS

ALL FOR 65¢

MAPLE LEAF

LARD

2 lbs for

33¢

MAPLE LEAF

LIQUID DETERGENT

83¢

Per 24 oz bottle

FRUITS & VEGETABLES

ORANGES, 288's ----- 2 doz for 85¢

TOMATOES

Per Carton 29¢

LETTUCE (new)

Per lb 15¢

WIN \$4000

ON RADIO QUIZ

"WHO AM I"?

WITH

MARGENE MARGERINE (twin bar)

2 lbs for ----- 75¢

NEW DOMESTIC SHORTENING

Canada's Favorite with Blendex

1 lb carton -----

30¢

MAPLE LEAF SOAP FLAKES

Giant Size Carton -----

81¢

LISTEN FOR "WHO AM I" OVER C.F.C.N. CALGARY

AT 9:45 A.M. on Monday, Wednesday & Friday.

ICING SUGAR, 2 lbs
BROWN SUGAR, 2 lbs
WHITE SUGAR, 5 lbs

ALL FOR 99¢

KLIK, 12 oz tin 2 for 83¢

KAM, 12 oz round tin, 2 for 79¢

SPICED HAM, York Brand
12 oz square tin, each 49¢

SPICED BEEF, York Brand
12 oz round tin, 2 for 79¢

The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)
By Lloyd Percival

How to develop a better throwing arm

If you want to throw with more power and accuracy this coming baseball season, start now to develop the muscles in your fingers, wrists and arms. Here are some exercises which will help you do this important job.

First, cover a hardball or softball (depending on which game you play) with 7 or 8 layers of heavy black electric tape.

Grasp the ball as if you were going to throw it, hold your arm out in front of you and twist and turn as fast as possible, and continue until your wrist and forearm muscles begin to ache. Rest for a while, and then switch to the following drill:

Hold the ball in the tips of your fingers and then try to squeeze it flat. Continue until your fingers are too tired to go on. Then put the ball down and have a session of hand stretching. To do this, you simply stretch your fingers as wide as you can, trying to make your hand as large as possible. Stretch until your hands become tired.

Do each session of this drill once, then start all over again and continue for 10 or 15 minutes. Do this drill every day.

Jumpers need drive

Any track and field athlete who takes part in a jumping event — broad jump, hop step and jump, high jump, pole vault — needs plenty of leg drive. This means that the muscles you use to drive yourself upwards and forwards must be strong and packed full of that quality known as "spring."

Here's a drill that will help develop that power: Hold on to a chair or table for support. Lift one leg behind you and grab it by the ankle. Bend your other leg and squat down as close to the floor as possible. Then "drive" yourself up to a standing position on your legs as fast as you can.

Repeat three times on each leg, and keep alternating as long as you can.

Some athletes will lack the leg strength to do this drill. If so, do deep knee bends (both legs at once) in groups of 10 as fast as possible, with a 10 second rest between each group, until tired.

Do these drills every day, and you'll soon begin to notice the improvement in your leg strength and power.

Quick Canadian Quiz

1. What is the full membership of the House of Commons, of the Senate?
2. Which provincial capitals are situated on islands?
3. Ranked in dollar value, which were Canada's five leading exports in 1955?
4. In 1921 there were nearly 3,500,000 horses on Canadian farms. What is the present total?
5. Who is the biggest employer in Canada.

ANSWERS TO QUICK QUIZ

5. The federal government; including Crown Corporations, nearly a third of a million Canadians are employed by the federal government. 3. Newsprint, planks, wheat, wood pulp, nickel. 1. 265 seats in the Commons, 102 in the Senate. 4. Less than 900,000. 2. St. John's, Nfld., Charlottetown, P.E.I., Victoria, B.C., 3188

Strictly Fresh

We don't want to buy the brand of sausage the demonstrator was selling in a neighborhood grocery store. What we want to buy is the brand of sausage she bought to use for sample tidbits.

The only way to get a raise with some companies is to take a ride on the elevator.

Epitaph we'd love to carve for a speed-happy nitwit in the souped-up jalopy: "Dig that crazy driver."

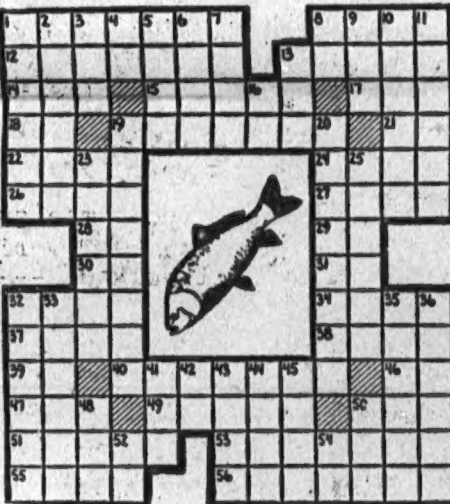
Some bus companies apparently issue timetables so that their passengers can determine how long it will be until the next scheduled bus won't run.

:: Weekly Crossword Puzzle ::

Fresh-Water Fish

- HORIZONTAL**
- 1,8 Depicted fish
 - 12 Birds
 - 13 Spear
 - 14 Humorist
 - 15 Ragout
 - 17 New Zealand parrot
 - 18 Half an em
 - 19 Paid tribute to
 - 21 Near (ab.)
 - 22 Be borne
 - 24 Encourage
 - 26 Go by steamer
 - 27 Hasty
 - 28 Lord provost (ab.)
 - 29 Army officer (ab.)
 - 30 Morindin dye
 - 31 Medical suffix
 - 32 Ceremony
 - 34 Scolds
 - 37 Poems
 - 38 Insect
 - 39 Pronoun
 - 40 Legislative bodies
 - 46 Behold!
 - 47 Light touch
 - 49 Bravery
 - 50 It is used — fertilizer
 - 51 Musical exercise
 - 53 Gourmet
 - 55 Laits
 - 56 Hebrew ascetics
- VERTICAL**
- 1 Arbors
 - 2 Astronomy muse
 - 3 Fruit

Here's the Answer



When a white-topped car is parked in the sun next to a black-topped car, the former remains 15 degrees cooler inside.

Tulane university, in New Orleans, was founded in 1834 as a medical college to combat yellow fever.

Ticklers

By George



"This worries me! You know how my husband is always experimenting? Now I think he's gone yogi!"

Ten Word INTELLIGRAM

Check the correct word:

- 1—World air speed record over an approved course is now held by (Britain) (U.S.).
- 2—It is (822) (1,132) miles per hour.
- 3—Move is afoot by southern members of Congress to (defy) (reverse) Supreme Court's ruling on segregation.
- 4—Greece (has) (has not) banned study of English in her schools.
- 5—Exiling of an (archbishop) (general) caused trouble to flame on Cyprus.
- 6—Jordan's defense forces (have not) (have) been subsidized by Britain.
- 7—New discovery (challenges) (confirms) Darwinian theory of evolution.
- 8—Air Force Academy is located in (Colorado) (Maryland).
- 9—First day of summer is (May) (June) 21.
- 10—It is called the summer (solstice) (equinox).

Count 10 for each correct choice. A score of 0-20 is poor; 30-60, average; 70-80, superior; 90-100, very superior.

Decoded Intelligram

1—Britain, 2—1,132 m.p.h., 3—Reverse, 4—Has, 5—Archbishop, 6—Have, 7—Challenges, 8—Colorado, 9—June, 10—Solstice.

PEGGY



—By Chuck Thursday

THE TILLERS



—By Les Carrell

Published every Thursday by Hugh Pearce, Bassano, Alberta. Authorized as Second Class Mail by the Postoffice Department, Ottawa.

POET'S CORNER
By A.R.

THE GOOD LITTLE BOY

Once there was a little boy who never
Tore his clothes - or hardly ever,
Never made his sisters mad,
Never whipped for being bad,
Never scolded by his ma,
Never frowned at by his pa,
Always fit for folks to see,
Always good as good could be.

This little boy who came from heaven,
So I'm told, was only seven,
Yet he never shed real tears
When his mother scrubbed his ears.
And at times when he was dressed
For a party, in his best,
He was careful of his shirt
Not to get it smeared with dirt.

Used to study late at night
Learning how to read and write.
When he played a baseball game
Right away he always came
When his mother called him in,
And he never made a din,
But was quiet as a mouse
When they'd company in the house.

Liked to wash his hands and face,
Liked to work around the place;
Never, when he tired of play,
Left his wagon in the way,
Or his bat and ball around -
Put them where they could be found.
And that good boy married ma,
And today he is my pa!

DID YOU KNOW

SEED TREATMENT FOR SEED BOURNE DISEASES
COSTS ONLY FOUR CENTS PER ACRE?

SEED TREATMENT FOR WIRE WORM CONTROL COSTS
ONLY TWENTY CENTS PER ACRE?

DUAL PURPOSE SEED TREATMENT COSTS AS LOW
AS THIRTY TWO CENTS PER ACRE?

THE EXTRA YIELD FROM TREATED SEED WILL MORE
THAN PAY YOU FOR SEED TREATING COSTS?

LAST CALL FOR "OFF CAR" ORDERS FOR FERTILIZER.

XL FEED & SUPPLY LIMITED
PHONE 82 BASSANO

HEY KIDS

POPSICLES 5¢ each
All Flavors - 5¢ each

SPECIAL FOR THURS, FRI. & SAT.

MILK SHAKES 19¢
Chocolate, Vanilla or Strawberry

CASEY'S RED & WHITE STORE
PHONE 7 BASSANO

SPECIAL

USED LEONARD REFRIGERATOR
in
Lovely condition

ONLY \$149.50

TERMS:

\$19.50 DOWN AND \$14.04 PER MONTH

SEE THIS FRIGE AT

BRENT'S ELECTRIC

PHONE 12 BASSANO

FOR BARGAINS IN FARMS AND RANCHES

IN A SURE CROP DISTRICT

WRITE OR PHONE

THE AJAX AGENCIES
SUNDRE Phone 37 ALBERTA

FOR FRESH MEAT AND FISH,
FROZEN FOODS AND ICE CREAM

CALL IN AT

Pioneer Meat Market
Phone 42 Bassano

FOR A GOOD PLACE TO EAT

TRY

BUD'S COFFEE SHOP
George Mason - Prop

FOR ALL CLASSES OF INSURANCE

FOR REAL ESTATE DEALS

FOR A NOTARY PUBLIC

SEE

J.W. RATZLAFF
Phone 99 Bassano

RICE KRISPIES, per carton 29¢
KELLOGGS CORN FLAKES, 12 oz, 2 for 49¢
MACARONI, 5 lb box 61¢

McKenzie's Seeds and Spanish Onion Plants.

LADIES & GIRLS FRONTIER JEANS

MENS COWBOY KINGS -- TENNIS SHOES

KAYSER LINE OF LADIES HOSIERY

BODMER'S MAYFAIR FOODS
64 Phones 101

GARDEN NOTES

Long handled tools save stooping, just as efficient

Long handled tools save stooping and backs, and often do the work just as well and a lot more quickly. It is surprising how accurate and quickly one can do thinning and weeding of even tiny stuff with a long handled sharp hoe or cultivator provided the same is narrow or comes to a point. The D-shaped ditch hoes are excellent things for killing weeds and loosening up the top soil, but one must be careful in using too close to sprawly vegetables and flowers. With any of this equipment the work will be cut in two if the edges are kept sharp and clean. On old file will be handy.

If the vegetable garden is a fair size and a little bigger than we really need for the whole season, it is an excellent idea and a labor saver to set a strip aside and plant this with some cover crop like buckwheat, oats, or clover, sown fairly thick and broadcast. Soon this crop takes over, chokes out the weeds, and we let it grow for several weeks. Then when a foot or so high and still green, we have it plowed or spaded under. In this way we save ourselves the trouble of constant cultivation to keep the weeds down and we do something more, we add valuable humus and fertility to the soil. It is really amazing what a few cover crops turned under will do in the way of loosening up the heaviest clay or adding what is termed body to sandy soil.

The average European expects to get pleasure and food out of his garden every day in the year. Of course his winters are usually much milder, but we can learn a great deal from these experienced old country people just the same. In far too many cases the Cana-

dian gardener thinks just of a few months in the summer and even less when it comes to vegetables. It's a feast or famine. A few weeks when the lettuce, spinach and radishes are just right. A few days of feasting on green peas or fresh corn, a little longer for tomatoes perhaps, and cucumbers and melons.

That's pretty wasteful gardening. With the many varieties we have today, it is possible to spread even relatively short season things like corn, peas and spinach over weeks. This spreading can be further extended by planting each variety and type at least three times, first earlier than usual, then about the average time and finally two or three weeks later. In this way we get far more volume and far higher quality, too.

Handling slopes

Except where the garden layout is very tiny, a sharp difference in levels can be really turned into an advantage. Here we can use something different, like a rock garden or a series of steps or a stone wall perhaps or a hedge. We use these to break the connection between the upper and lower level. This will add to the attractiveness and individuality of any layout.

The general plan is to make both the upper and lower parts level, then take up the difference between in one slope. If there is a very big difference, a wall will probably be necessary with steps coming down. But quite a difference, up to three feet or more, can often be absorbed by a rock garden or even a combination of shrubs, trees and flowers. The shrubs and trees, of course, hold the sloping soil, especially during spring run offs.

3191

Finer, tastier BREAD

Yours, with wonderful
fast-rising
DRY Yeast!



You're sure of tempting, delicious bread when you bake with Fleischmann's Active Dry Yeast! This wonderful new yeast keeps its full-strength and fast-acting qualities without refrigeration! Buy a month's supply!

WHOLE WHEAT BREAD

● Combine 3 c. boiling water, 1/4 c. granulated sugar, 4 tsp. salt and 1 tbs. shortening; stir until sugar and salt are dissolved and shortening melted; cool to lukewarm. Meanwhile, measure into a large bowl 1 c. lukewarm water, 1 tbs. granulated sugar; stir until sugar is dissolved. Sprinkle with 3 envelopes Fleischmann's Active Dry Yeast. Let stand 10 minutes, THEN stir well.

Stir in cooled sugar-shortening mixture. Combine 5 c. once-sifted bread flour and 5 c. whole wheat or graham flour. Stir about half of the flours into yeast-mixture; beat until smooth. Work in remaining flours and add additional bread flour, if necessary, to

make a soft dough. Knead on lightly-floured board until smooth and elastic. Place in greased bowl and grease top of dough. Cover and set in a warm place, free from draught. Let rise until doubled in bulk. Punch down dough, grease top and again let rise until doubled in bulk. Punch down dough; turn out on lightly-floured board and divide into 4 equal portions; form into smooth balls. Cover lightly with cloth and let rest for 15 mins. Shape into loaves; place in greased loaf pans (4 1/2" x 8 1/2"). Grease tops, cover and let rise until doubled in bulk. Bake in hot oven, 400°, for 20 mins., then reduce oven heat to moderate, 350°, and bake about 20 minutes longer.

LITTLE CRYSTAL STREAMS AREN'T ALWAYS SAFE

Drinking water from natural sources while out hiking may be dangerous. Often those little bubbling streams beside the road are contaminated. If it is not convenient to take along a flask of drinking water, the water from outdoor sources should be boiled or a reliable water purifier used. Advice on a commercial purifier can be obtained from the druggist or local health department.

Vacation joys

Starting a five-week vacation to Mexico, the Cloyd Taylor family of Michigan, found the youngest boy had chicken pox. He was left behind. Then every connecting rod in the car burned out. Taylor had to buy a new car. Fishing was impossible as flood waters swelled western streams. Mexican temperatures dropped to 11 above and \$50 worth of color film taken was black because the camera lens was stuck open all the time.

COMMON CAUSE OF BLINDNESS

One of the commonest causes of blindness, especially in those of middle age and over, is glaucoma. There are various forms of this disease, some of them with symptoms that may not be identifiable by the layman. The oculist or eye doctor can discover and identify the disease even in its earliest stages, when treatment can be given and, in most cases, controlled.



MACDONALD'S Fine Cut

Makes a better cigarette

A CHALLENGE TO EVERY PARENT!

93

Saskatchewan
children were
killed in accidents
during 1955!

3,975

Saskatchewan
children were
treated in
hospitals during
1955 for injuries
received in
accidents!



Plan now to observe

Saskatchewan Child Safety Day

Sunday, May 6th

in your home and in your community. Make a safety check of your own home and discuss results with your family. Teach safety by good example. Arrange now with your churches for special attention to parents' responsibility for child safety. Get the organizations to which you belong to hold weekday meetings to study accident facts and safety factors.

Most physicians and druggists will be pleased to tell you about home and childhood accidents. Free literature, including home safety checklists, is available in single copies or quantity lots to families, churches, schools and community organizations. Do it now, before more children are killed or hurt!

DIVISION OF HEALTH EDUCATION

Saskatchewan Department of Public Health

Provincial Health Building, Regina

BE READY

FOR FIRST AID ALWAYS

Keep REXALL FIRST AID NEEDS handy at home, at work, in your car for little emergencies that may arise any time, anywhere. Be sure you have a fresh supply of Quik-Bands, Cotton, Gauze Bandages and Pro-Cap Adhesive Tape on hand with antiseptics for minor cuts and burns.

THEN YOU WILL BE READY WHEN MINUTES COUNT!

STILES "THE DRUGGIST"
PHONE 88 BASSANO

TOWN TOPICS

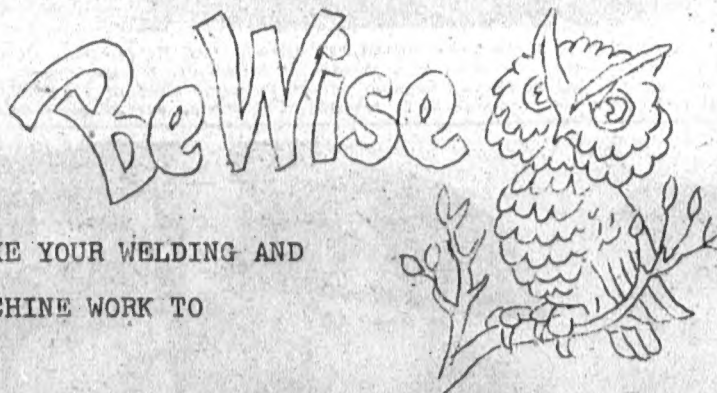
Miss Pauline Davidson, daughter of Mr. and Mrs. J.G.T. Davidson, has returned home from the University of Alberta to spend the summer recess. She has attended the "U" for the past two years and is majoring in French. This year she was elected as president of the Undergraduate Society of the university.

The Medicine Hat Health Unit has arranged to vaccinate all school children in grades 1, 2, 3, and 4 and all pre-school aged children due to start school in 1956 and 1957 with the Salk Anti-Polio Vaccine. For those children who have not been vaccinated previously with the Salk Vaccine, the school age children of Bassano and district will be vaccinated at the school on Thursday, May 3rd at 10:00 A.M. Pre-school age children will be given the Salk vaccine at the Armouries on May 3rd from 1:30 to 2:30 P.M. A parent must accompany each pre-school age child in order to sign the consent card. Booster shots for children who were vaccinated last year will be given later on in the year. Time will not permit the giving of booster shots at this vaccination clinic.

The Infant and Child Health Clinic will be held in the Bassano Armouries on Thursday, May 10th from 1:30 to 3:30 P.M.

The dance held in the Bassano Hall, sponsored by the Pony League Baseball Club, was well attended and all enjoyed dancing to the music of Joe Berlando's orchestra. The net proceeds will be used to buy baseball equipment for the boys.

Trouble from frost is still being experienced by the Town. At least one water service has frozen during the past week and two sewer lines have frozen up. It looks as though it is not safe yet to turn the taps off entirely.



TAKE YOUR WELDING AND
MACHINE WORK TO

SCHELSKE'S WELDING SHOP
PHONE 140 BASSANO

THE BASSANO HERALD IS AGENT FOR ALL KINDS
OF RUBBER STAMPS, SEALS, ETC.

FOR SALE

HOUSE FOR SALE - 6 rooms and bath, on water and sewer, chicken house, good garden plot.

FOR QUICK SALE

EXCELLENT STOCK AND GRAIN FARM
175 acres, all irrigable, 3 bedroom house with furnace, telephone and Calgary Power. Full set of buildings. Must be sold as owner forced to retire due to ill health.

Jas R. Donaldson
Phone 14 BASSANO

SHOP AND SAVE

AT BASSANO'S MODERN HARDWARE AND GIFTWARE HEADQUARTERS.

WALL TYPE CAN OPENERS,	85¢ - \$1.59 - \$2.10
DISH MOPS30
BREAD BOARDS, good hardwood98
ELECTRIC TOASTERS	4.50
ANGEL CAKE TINS, those really good ones	1.90
ALUMINUM COLLANDERS	1.75
PARTY CAKE PANS, heart shaped, 2 large and 6 small	1.95
COVERED BAKING PANS, ideal for your cake	2.50
READY MIX CAKE TINS, for the new mixes 2/	1.25
ALUMINUM SQUARE FRY PANS, SPECIAL PRICE	2.67
TUMBLERS, all kinds and prices from 2/25¢ to \$4.80 for set of 8	
GLASS SUGARS AND CREAMS, Gift Boxed	1.29
METAL RECIPE BOXES, with cards & index	1.50

SPECIAL TRADE IN ON YOUR OLD FRYING PAN
Bring it in and we will allow you \$5.00 on it for a new SUNBEAM ELECTRIC FRYING PAN.

SPRING TIME IS FENCING TIME

CEDAR FENCE POSTS (split)	Each 47¢
Fir 2x4, 10-12-14-16 ft - per lineal ft	8-2/3¢
Fir 4x4 for Posts	per lineal ft 20¢
GOTHIC TYPE CEDAR PICKETS	
1x3 - 2'06 each
1x3 - 2½'09
1x3 - 3'15
1x2 - 2½'06
1x2 - 3'08
1x4 - 3'17
1x4 - 3½'18

MANOR HOUSE PAINT, outside white, gallons only.
PRICE \$4.59 per gal.

SEE US FOR ALL YOUR RENOVATING AND BUILDING NEEDS. WE CARRY A COMPLETE RANGE OF BUILDING MATERIALS, PAPERS, ROOFINGS, SHINGLES (cedar and asphalt), NAILS, ALUMINUM ROOFING, GALVANIZED IRON, LINOLEUM, ETC.

ROYAL LUMBER YARDS LIMITED
Les Spivey - Manager
Phone 6 Bassano

HOUSE FOR SALE

TWO STORIED HOUSE FOR SALE, 7 rooms, full basement, on sewer and water. Good location near school. Will sell with or without furniture. Write to Box 249, Bassano.

ORDER YOUR CIRCULAR LETTERS, PRICE LISTS, ETC FROM THE BASSANO HERALD. THE PRICE IS LOW.

World Happenings In Pictures



STUDY IN CONCENTRATION—Six-year-old Doreen Holyoak is angelic and a study in concentration as she practices a hymn for the Davenport Festival of sacred praise and Bible reading at Old Davenport United Church, Toronto.



CEILING PRICES—Tall children get short-changed at this turnstile entrance to the London, England, zoo. If their heads touch the canvas canopy, they pay full admission fee. The arbitrary "ceiling price" saves wear and tear on the cashier's nerves on busy days.



SECONDHAND LUXURY—The lacy creation is a Jacques Fath original, marked down from \$375. The gray satin originally sold for \$900 and will go for something less than a third of its original price. Such secondhand "bargains" as these are available at a dress shop in New York, operated by Mrs. Florence Morris Barry, who is shown displaying the dresses. Her customers are members of the "carriage trade" who fancy an original creation, even if it is a hand-me-down.



SIPS CHAMPAGNE—Montreal Canadien's coach Toe Blake slips champagne from the Stanley Cup following his team's victory in the fifth game of the final against last year's winners the Detroit Red Wings. Camille Des Roches, Canadien's publicity director awaits his turn. Blake, in his rookie year as coach, led the bleu, blanc, rouge to the NHL championship, ending Detroit's seven year streak, and brought the team through the playoffs in 10 games.



JAPANESE WAR CRIMINAL RELEASED FROM PRISON—Lt. Gen. Kenryo Sato, left foreground, 61-year-old Japanese military leader who received a 10-year-to-life sentence for war crimes, is followed by friends and reporters as he leaves Tokyo's Sugamo prison. Formerly chief of the Military Affairs Bureau, he was the last of the war criminals to be released after serving part of his sentence.



NATO FASHIONS—Each military unit adopts a different "hattitude" when selecting parade dress for wear at NATO Southern European Headquarters, Naples, Italy. From left: Cpl. Franklin D. Thomson, USMC; Italian Carabinieri Mario Gallo and Capt. Federico Gasca-Queirazza, of Italy's Alpine Corps.